



# PROTECT YOURSELF AGAINST HUMAN TRAFFICKING

Information for arriving people

**Arbeit und  
Leben**

BERLIN-  
BRANDENBURG

SERVICE  
STELLE

gegen

Arbeitsausbeutung  
Zwangsarbeit &  
Menschenhandel

## THERE ARE PEOPLE WHO MIGHT WANT TO TAKE ADVANTAGE OF YOUR SITUATION.

### For this reason:

- > Be cautious in case someone offers you work right after your arrival.
- > Ask about the **labour conditions**, **wage**, and **social security insurance**.
- > You have the right to an **employment contract**, the **minimum wage** and, in case you are not working, **social benefits**.

**Find more information about your rights at work here:**

[www.bema.berlin/en/news/flyer-zum-arbeitsrecht-fuer-neuankommende-menschen-aus-der-ukraine/](http://www.bema.berlin/en/news/flyer-zum-arbeitsrecht-fuer-neuankommende-menschen-aus-der-ukraine/)

- > Write down your **working hours**.
- > If the labour conditions are bad or do not match the agreement, **you can leave anytime**.
- > If you are being threatened or your **phone or documents have been taken away from you**, immediately search for help.
- > You can get **advice anonymously and free of charge** on questions concerning labour law, residence law and social law.

More informations  
about rights  
at work



## TIPS FOR YOUR SAFETY

### PAY ATTENTION!

Many people want to help you. However, not everyone acts in your best interest and some people might pursue their own interests. A warning signal can be when someone who is supposed to help you does not accept a „NO“.

If someone offers you accommodation or transport for free, ask if they want anything in return first. Do not accept the offer if something is expected in return (e.g., housework, caring for relatives or pets).

## TRANSPORT

Deutsche Bahn offers free local and long-distance travel for refugees from Ukraine.

**You can find information here:** [www.bahn.de/info/helpukraine](http://www.bahn.de/info/helpukraine)

## CODEWORD

Agree on a code word with family or friends for you to use in dangerous situations when you are not able to speak freely.

## CAR

Before getting into a car, send friends or family your GPS location and your destination. Send them photos of the licence plate. If something seems suspicious, try to get out of the car.

## ID/PASSPORT

Always keep your documents with you. Keep them safe, for example in your bra or in a breast pocket. Take photos of your documents and send them to family, friends or yourself via email or WhatsApp.

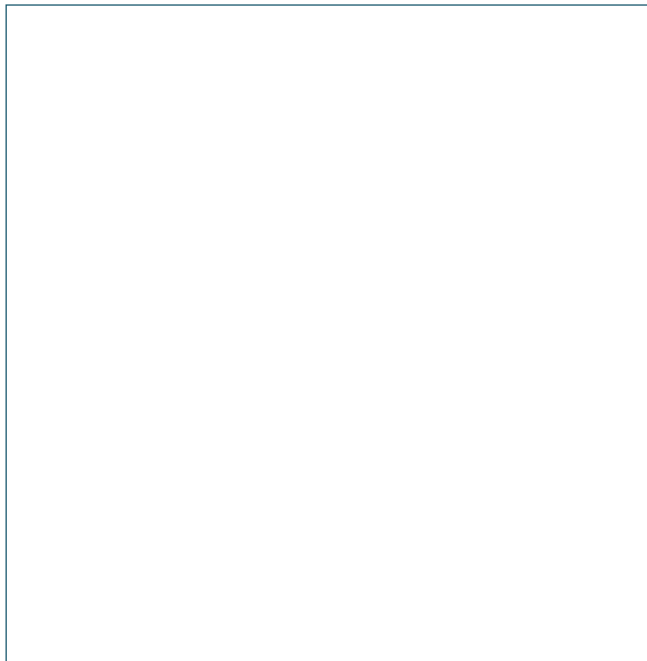
## MONEY

Keep your cash not only in your luggage but in various places on your body (e.g., under your clothes in your bra, in your socks etc.). Memorise your credit card number and phone numbers of family or friends who can send you money in case of emergency.

More information  
about Deutsche  
Bahn offers



## SUPPORT AND INFORMATION CAN BE FOUND HERE:



### Inprint

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